

DAA: A New and Easier Approach to Hip Replacement, Offering Faster Recovery to Patients — Dr. Ishwar Bohra

According to Dr. Ishwar Bohra, Senior Director and Senior Joint Replacement Surgeon at BLK-Max Super Speciality Hospital, the DAA technique is safer, less painful, and allows significantly faster recovery compared to traditional methods.

Dr. Bohra explains that in the DAA procedure, the hip joint is accessed from the front through a small incision. Unlike conventional surgeries, muscles are not cut but gently separated, which minimizes tissue damage. As a result, patients experience less post-operative pain and are able to recover more quickly.

The procedure is particularly beneficial for patients suffering from chronic hip pain, restricted mobility, or severe joint damage visible on X-rays. Common conditions include osteoarthritis, avascular necrosis (AVN), old hip fractures, rheumatoid arthritis, and long-standing mobility issues. When medications, physiotherapy, and injections fail to provide relief, DAA hip replacement can significantly improve the patient's quality of life.

Compared to conventional hip replacement surgery, the DAA technique offers multiple advantages. It involves a smaller incision, causes no muscle damage, results in less pain ...

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